

BRIDGING THE GAPS

Nai Zindagi's Integrative HCV and HIV Care
for Vulnerable PWID in Pakistan

2024 Overview

HR25



**NAI
ZINDAGI**
COMMUNITY. COMPASSION. CHANGE.

Leading efforts to tackle the health-care challenges faced by People Who Inject Drugs (PWID) in Pakistan.

Focusing on challenges in relation to HIV and HCV

Supported by: **The Global Fund**

O U R S E R V I C E S

*NSP &
condom
services*

*Anti-septic
dressing*

*AMC & BMC
Services
Referral*

*HIV & HCV
Testing*

*ARVs &
adherence
support*

*HCV
Treatment &
adherence
support*

*Differentiated
ART services*

*PoC Viral
Load*

*Testing &
treatment
services in 25
Prisons*

*Testing & treat-
ment services
for spouses and
children*

BACKGROUND

UNDERSTANDING THE CHALLENGE

- PWID in Pakistan face high risks of HIV and HCV.
- *Barriers making access to treatment difficult:*



Limited
Screening



Disjointed
Healthcare
Systems



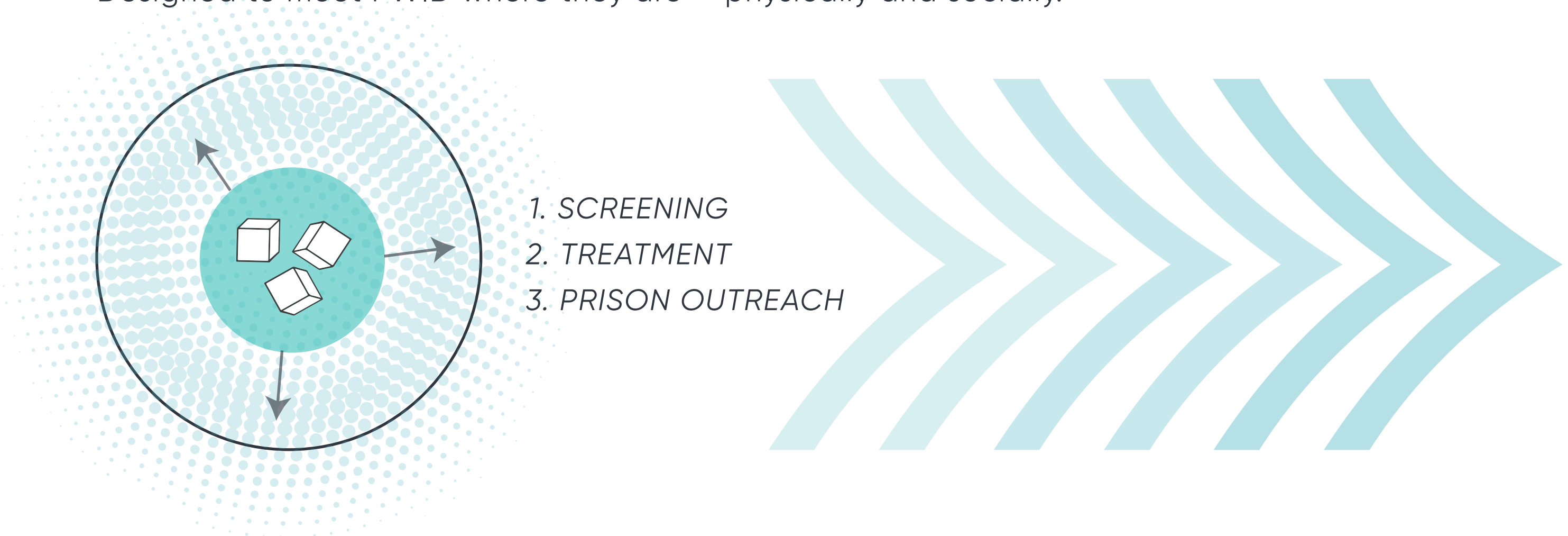
Deep-rooted
Stigma

- Nai Zindagi (NZ) is responding with integrated, community-based healthcare

INNOVATIVE APPROACH

A HOLISTIC, INTEGRATED MODEL

- NZ embeds HCV care into its harm reduction services.
- Seamlessly links prevention, screening, treatment, and follow-up.
- Designed to meet PWID where they are – physically and socially.



SCREENING

ROUTINE HCV SCREENING IN HARM REDUCTION

- In 2024, HCV testing became standard in NZ's outreach.
- *To Date:*

26,880

People Tested

10,540

Found HCV Positive

- This proactive screening process has enabled quicker identification and intervention

TREATMENT MODEL

FROM DIAGNOSIS TO CURE

- NZ Partnered with Aga Khan Hospital & Medical College Foundation
- Operating the '*Holistic Care Model*' in **40 priority districts**

HOLISTIC CARE MODEL

DIAGNOSTICS | CONSULTATIONS | MEDICATION | FOLLOW-UP

1,474

INDIVIDUALS
REFERRED

1,064

PCR
POSITIVE

900 (84%)

STARTED TREATMENT

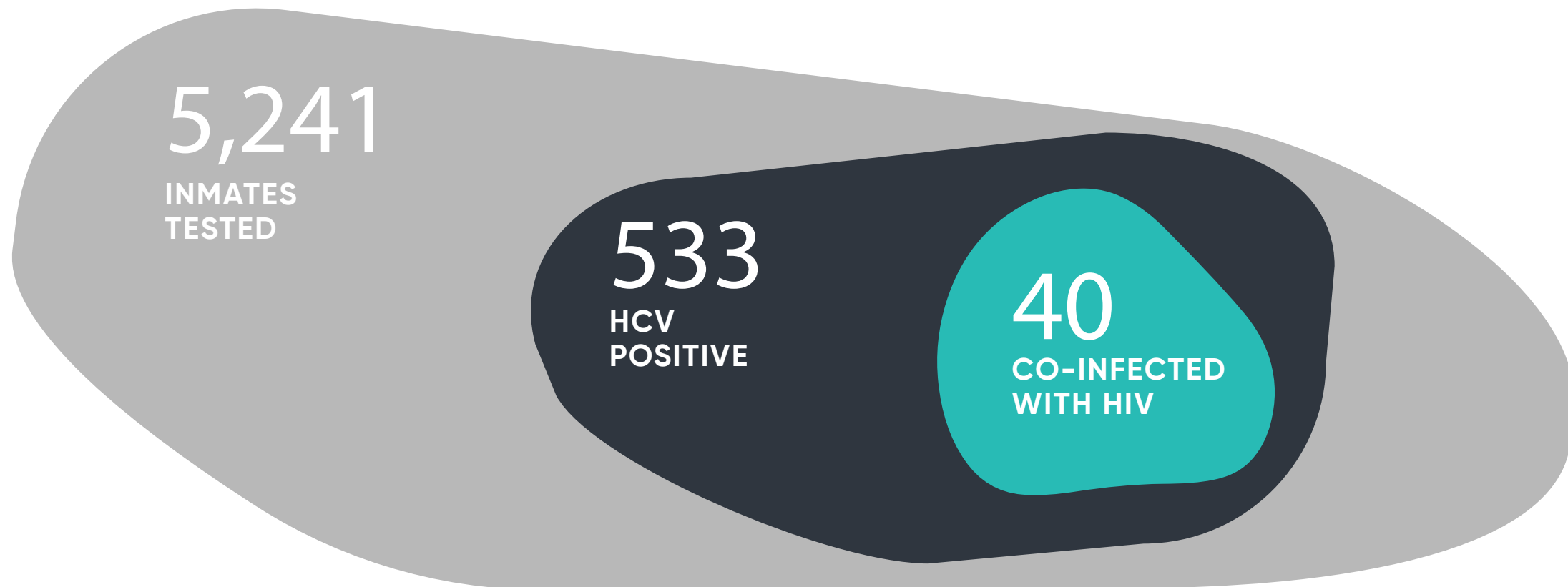
76%

CURE RATE
among those
eligible for
post-PCR

PRISON OUTREACH

REACHING THE UNREACHED

- Extending services to incarcerated PWID
- This intervention ensures healthcare access for those typically left behind



IMPACT

WHATS WORKING

Seamless care journey from screening to treatment

- High treatment uptake & cure rates
- Effective outreach to marginalized populations
- Bridges public health and human rights

LESSONS LEARNED

KEY TAKEAWAYS

Integrated care reduces stigma and increases access

- Community trust is essential
- Collaboration with health institutions strengthens outcomes
- Models like NZ's are adaptable for similar populations globally

CONCLUSION

A PATH FORWARD

Nai Zindagi's integrative care model is a powerful example of how to effectively address HIV and HCV among PWID. By embedding services in harm reduction, NZ not only saves lives but sets a scalable precedent for global health interventions



THANK YOU