

Centering Community Voices in Creating Systems of Care

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Centrar las voces de la comunidad en la creación de sistemas de salud

Inner City Health
and Wellness Program



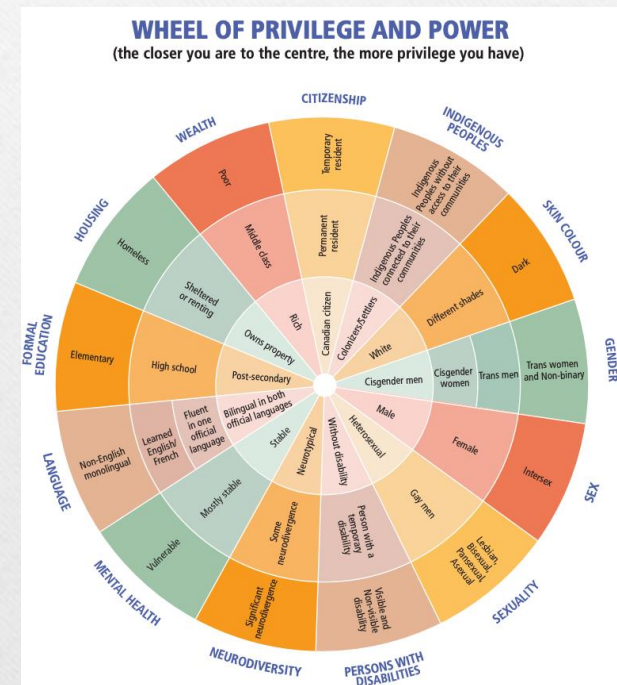
UNIVERSITY
OF ALBERTA

Acknowledgement: Situating Ourselves

Situándonos

I live and work in ᐱᓄᓴᑦᐅᓴᓴᓂᐃᑦ
(Amiskwaciwâskahikan, 'Beaver Hills House', the literal translation of the Original Name for 'Edmonton'), located within the Northern Prairies of Turtle Island (the Original Name for North America). For thousands of years, this has been, and continues to be, a common territory to many peoples including the Cree, Sioux, Stoney, Dene, Metis, Blackfoot, and many more. This place is also called Métis Nation of Alberta Region No. 4 and Treaty 6 Territory.

<https://native-land.ca/>



<https://www.canada.ca/en/immigration-refugees-citizenship/corporate/mandate/anti-racism-strategy/change.html>

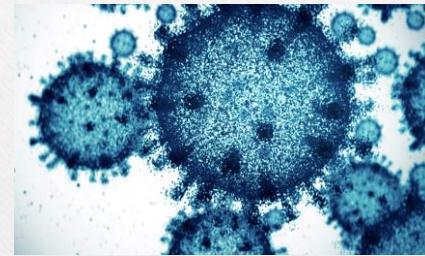
Co-Researchers

Co-investigadores

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- Colton Sandberg
- Cindy Srinivasan
- Renée McBeth
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- Kathryn Dong
- Elaine Hyshka
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We Live in a Polycrisis Age

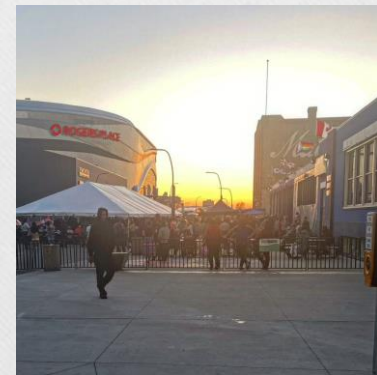
Vivimos en una era de policrisis



Co-Designed Care (The “Un-Survey”)

Salud codiseñada

1. Document community-voiced priorities for care
 - Sensemaker micro-narratives
2. Identify community assets that can be mobilized
 - Arts-based asset mapping



Sensemaking

Tener sentido

Tell us about a specific moment that really stands out for you over the past year, when you were caring for yourself or for others.

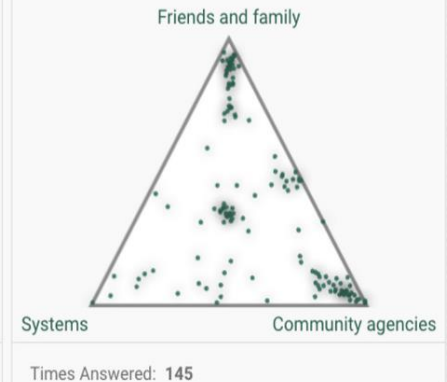
What title would you give your story?

Reflecting on your experience, in an imagined better future, what would have been different ?

:: In your story, what was threatened? :

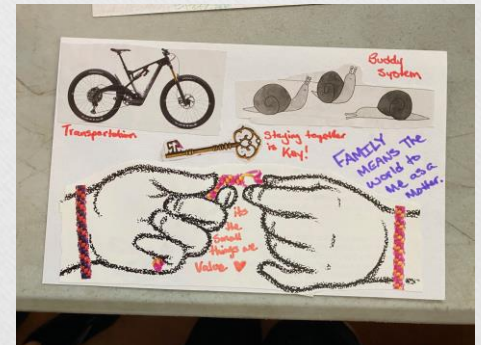
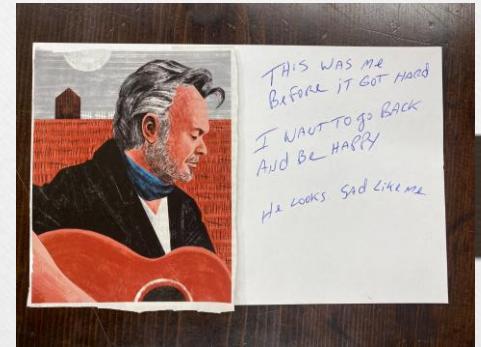
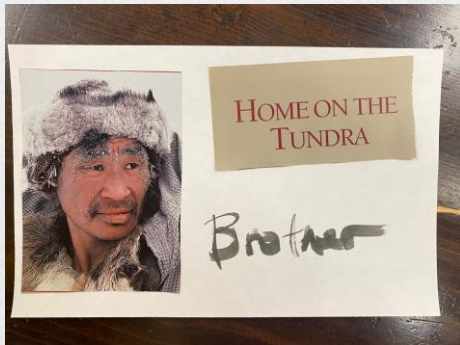


:: In your story, sources of support were :



Asset Mapping

Mapeo de activos



How we work together:

1) Orienting to Each Other

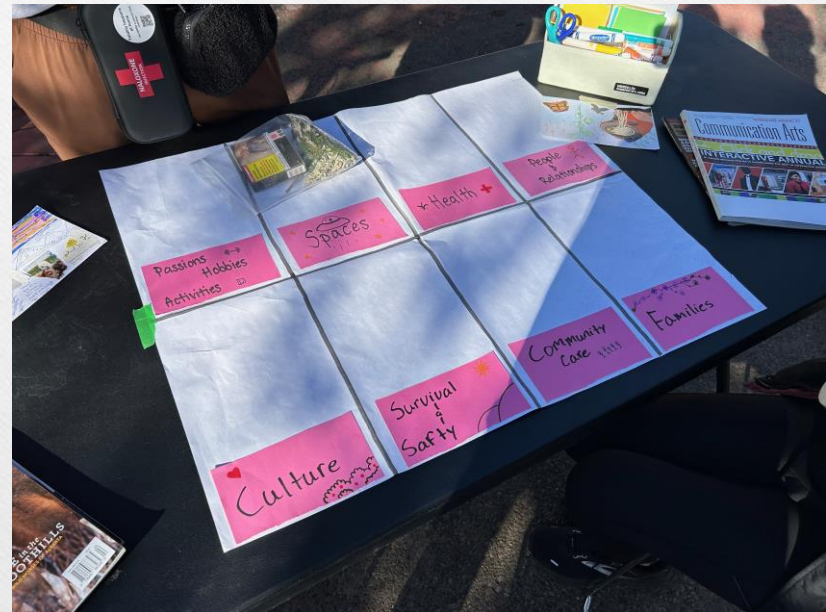
Trabajar juntos: Orientación entre sí



How we work together:

2) Bridging Trust for Research Connection

Crear puentes de confianza para la conexión



How we work together:

3) Meeting People Where They Are

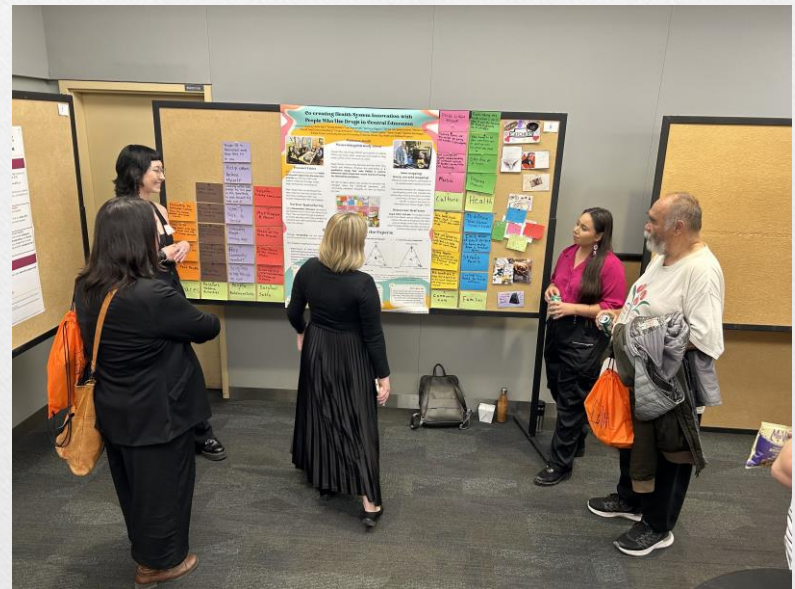
Encontrarse donde están



How we work together:

4) Accountability

Contabilidad



Community Priorities

Prioridades de la comunidad

-
- Caring for self and caring for community as fundamentally intertwined
 - Needing formal services to support health and wellness
 - Moving from the lens of criminalization to service utilization
 - Centering both “housing” and “home”
 - Visiting and connecting as a way to build and repair relationships, and to heal

Divine Intervention “.. On my birthday a women OD'd. Everyone came to me. I was doing CPR I said "it's my birthday." I squeezed her hand and she said "happy birthday". I will always answer the call. There is no tough love, there is only love. If you give them that love they can change their direction. If you don't show that love then they die. I'm here for a reason even on my own journey. Blessed.”

Caring Counts “One night I was very suicidal and needed support, someone gave me his only shirt and also his whole wagon to me and that was so nice of him. I could be bitter because of the encampments being taken down and the way I've been treated by police. But I choose love and kindness”

Don't give up “3 or 4 months ago I got stroke and I got to the hospital and I'm there waiting for over a day. I was sitting there waiting for my results and a security guard throw me out and I never got my results ... ”

Relationship Reduces Harm

La relación reduce el daño



Thank you!

Gracias

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