Linking Harm Reduction and Cannabis Reforms: Current Policy Landscape and Opportunities for New Pathways



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2. Two arguments:

1. Harm reduction is underutilized in cannabis policies

Cannabis reforms offer new ways to anchor harm reduction in drug policy

3. The way forward





Recreational use



Supply regulation



De jure policy



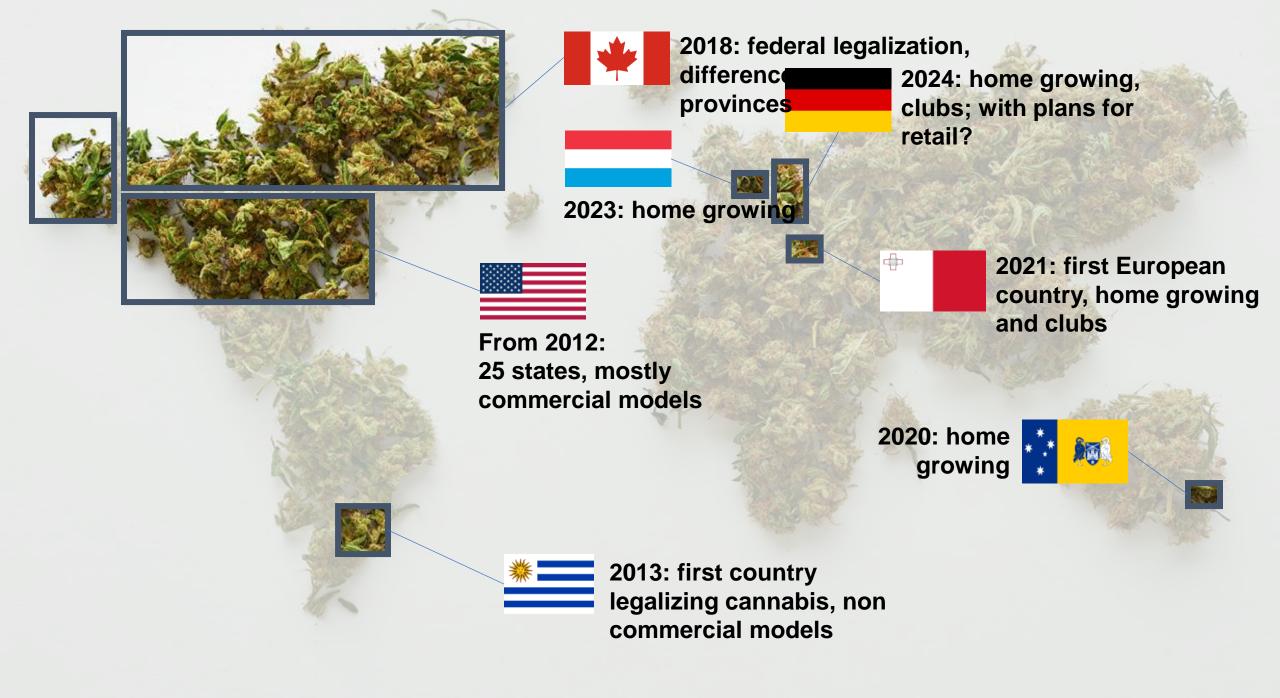
International developments in cannabis policy for recreational use

Summary

Stijn Hoorens, Thomas Martinelli, Mafalda Pardal, Margriet van Laar, Rick Slootweg, Ben Senator













Policy goals: protect public health and safety



Through certain rules for access to cannabis;



and through supply models

- Almost no cannabis policies link with harm reduction explicitly
- Cannabis policies aim to reduce harms of prohibition:
 - E.g. lack of quality control, crime
- Cannabis policies contain broad goals in different domains
 - E.g. public health, crime, individual freedom, social justice

In the harm reduction field...

- There are increasing calls to transform harm reduction
- Broader goals and conceptualization



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Research Paper

Harm reduction isn't enough: Introducing the concept of Mindful Consumption and Benefit Maximization (MCBM)

<u>Daniel Bear № M</u>, <u>Ashley Hosker-Field</u>, <u>Kelsey Westall</u>, <u>Heath D'Alessio</u>, <u>Marilyn Cresswell</u> What if cannabis reforms and harm reduction principles would be linked more?

Where can we go from there?



2.1 Argument 1:

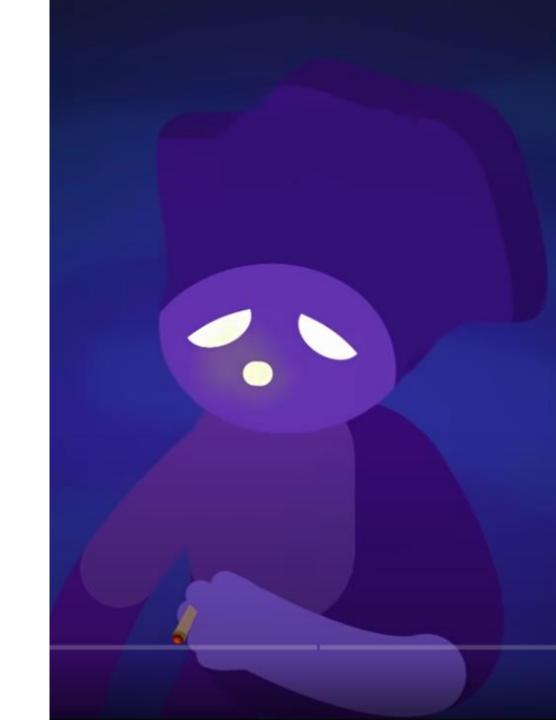
Harm reduction is underutilized in cannabis policies



Cannabis harm reduction

Recent research shows addictive potential and negative long-term effects, need for:

- Safer consumption methods
- Safer products
- Safer behavior



Cannabis harm reduction

- Safer consumption methods
- Safer products
- Safer behavior



Cannabis harm reduction

- Safer consumption method
- Safer products
- Safer behavior



Cannabis harm reduction possibilities

- Safer consumption methods
- Safer products
- Safer behavior



2.2 Argument 2:

Cannabis reforms offer opportunities to anchor harm reduction deeper in drug policy



Opportunities to anchor harm reduction in drug policy

- Recent cannabis policies provide new narratives for harm reduction principles
- Shared goals aimed at public health and public safety
- Show that harm reduction is not just:
 - about opioids
 - about people who use drugs; whole society benefits
 - about reducing harms

3. The way forward

- Different language, same principles
 - From a deficit perspective to a benefit perspective
 - Promote empowerment and safer use practices without merely focusing on harms as the central aspect of drug use
- Engage and link harm reduction with other domains; find common ground
 - Criminal justice, mental health, recovery, welfare, etc.





Stages of the policy process informed by the toolkit

Policy design

POLICY OBJECTIVES, POLICY COMPONENTS, REGULATORY ISSUES

Element of the toolkit produced by the study

CANNABIS INDICATOR DATABASE

DATABASE OF IMPLEMENTATION EXPERIENCES

Policy evaluation

Policy implementation