

INDIGENOUS NAVIGATION

A HARM REDUCTION APPROACH ADAPTED BY AND FOR INDIGENOUS PEOPLES EXPERIENCING URBAN HOMELESSNESS IN MONTREAL

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PRESENTATION DOCTORS OF THE WORLD AND CHUM



DOCTORS OF THE WORLD Canada

International health organization with 17 delegations working in over 70 countries

OUR GOALS

1. Promotes universal access to healthcare
2. Supports excluded and marginalized individuals and communities in claiming their right to health

OUR WORK IN CANADA

1. Clinic for migrants with precarious status
2. Community outreach
3. Mobile clinic
4. Peer-led harm reduction
5. Mental Health program
6. Indigenous healthcare program





Centre hospitalier de l'Université de Montréal

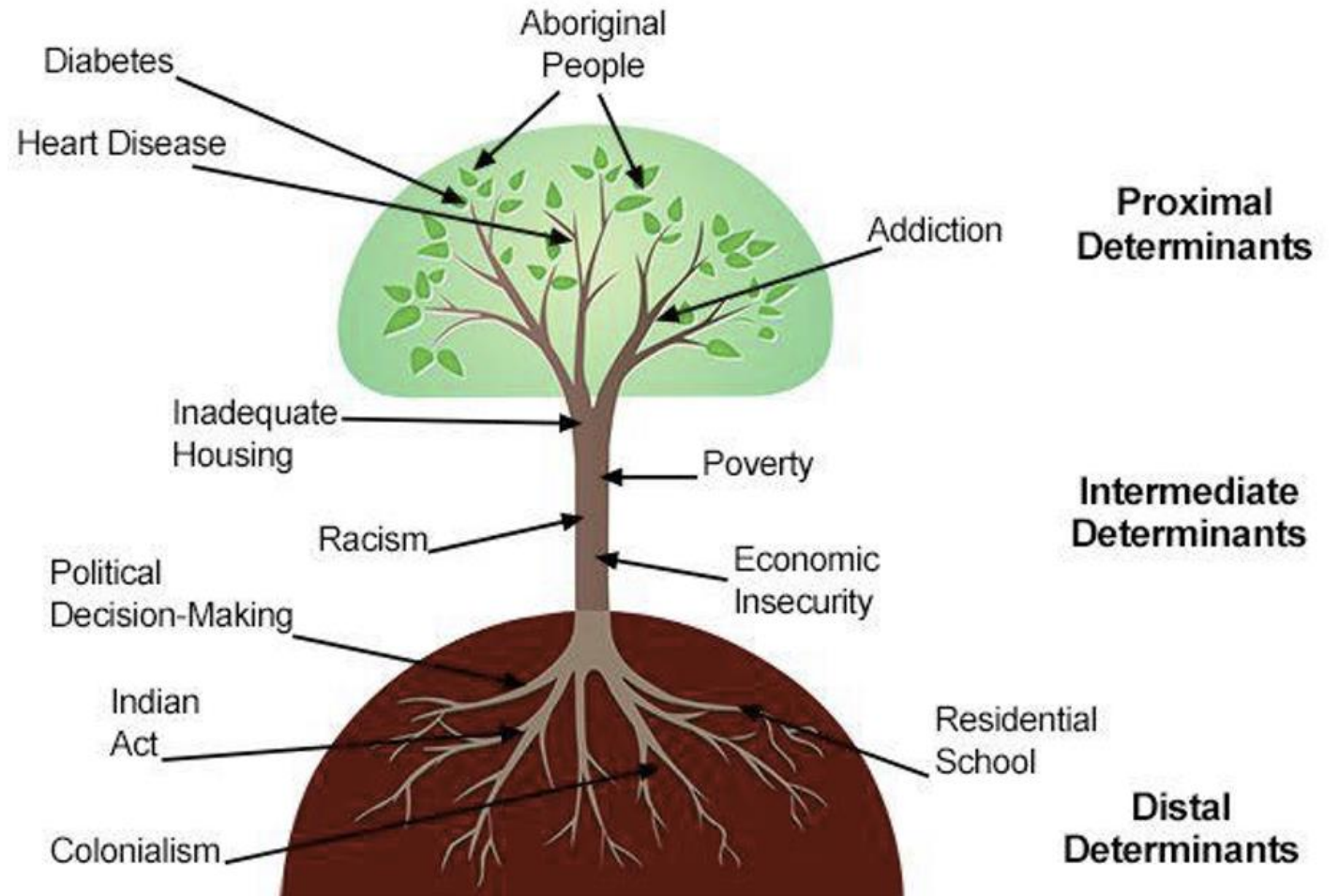
- Tertiary and quaternary health center in downtown Montreal
- Supraregional mandate
- Addiction Medicine Service:
 - Outpatient clinic
 - Inpatient detox
 - Consultation liaison
 - Indigenous health services
 - Partnerships with shelters and community organizations to facilitate access to care
 - Telehealth services
 - Outreach workers, Community liaison nurse
 - Médecins du Monde's navigation team



CONTEXT IN CANADA



Determinants of Indigenous Peoples' Health





DIFFERENT APPROACHES

Navigation at Doctors of the World Canada



DIFFERENT APPROACHES

Proximity-based approach

- Community engagement
- Team with deep experiential knowledge

Support as a form of care

- Trauma-informed approach
- Harm reduction
- Transformation of care paradigms

Advocacy for rights

- Promotion of care
- Barriers to access



DIFFERENT APPROACHES - CHUM

Western biomedical approach:

- Focuses on reducing health risks

Preventive measures:

- Ex. Needle exchange, supervised consumption sites, access to Naloxone, drug checking services

Health Monitoring:

- Ex. STBBI screening

Medical Treatments:

- Ex. Opioid agonist treatment, Hepatitis C treatment

Integration with healthcare:

- Connecting to broader healthcare services





COLLABORATION



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Etuaptmunk : Two-eyed seeing approach

"Learning to see with one eye what is best in Indigenous knowledge systems, and with the other eye what is best in Western (or dominant) knowledge systems, and learning to use these two eyes together for the benefit of all"

(Bartlett, Marshall & Marshall, 2012)



COLLABORATION

"Diverse forms of collaboration have the potential to fundamentally transform healthcare practices, fostering approaches that are more humane, culturally responsive, and equitable. They also pave the way for collective healing — not only physical, but also social and historical."





SOIGNER SANS JUGER

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